

Women Cell, B.J.M.Govt.College Chavara 2021-2022

Report of Women Cell Activities 2021-22

Women Cell, B.J.M.Govt. College Chavara aims at empowering women to recognize their true potential and help them to become self reliant and confident. Women Cell 2021-2022 primarily focuses on gender sensitization. Gender Sensitization is one basic requirement for the normal development of any individual. It refers to the raising sensitization of gender equality concerns. Gender Sensitization at college level would facilitate inculcating values of gender equality, social justice and diversity which are essential for building a healthy society. A gender sensitive environment enables girls, boys and LGBT+ to maximize their potential as it builds self respect, confidence and self-esteem.

Objectives:

- To create an environment of gender equality, gender equity and social justice.
- To create an open minded society.
- To familiarize them with their constitutional rights and safeguards.
- To instill positive self-esteem and confidence in the female students

To achieve these objectives, well planned inclusive programmes like lectures, seminars, talks, workshops, discussions and debates were organised in the college.

Women Cell Structure:

Convener: Dr.Ajithakumari K.(Principal)

Coordinator: Dr.Reshmi R.L.(Asst. Professor of English)

Student Executive Members:

1.Aleena Raj K.R.	III English- Student Co-ordinator
2.Nandana	II Mathematics
3.VidhyaRaj	II Chemistry
4.Parvathy	I Chemistry
5.Bijitha	II English
6.Aiswarya R.	III English

7.Avanimol S.	II Commerce
8.Arya Anilkumar	II History
9.Ruksana S.	II Commerce
10.Arya Mohan	II Mathematics
11.Archa Anil	III Mathematics

Programmes 2021-22

1. An online formal inauguration of the activities of Women Cell was done on 07 August 2021 by Smt.Sreelatha R.S., Women Protection Officer Kollam. College Principal Dr.Ajitha Kumari K., teaching and non-teaching staff were present in the programme. The chief guest spoke on the topic **Women’s Safety and Empowerment**. She gave focus on the need to address gender inequality at home, work place and colleges. She discussed various laws for the safety and protection for women. Vidyaraj, an Executive member of Women Cell presented the survey report(Survey on Gender roles from 01.08.2021 to 06.08.2021).



2. 14 August 2021

Topic: **Redefining Ourselves in the Age of Toxic Gender Types**

Resource Person: Dr.Sheeba K. Asst.Professor of English, Govt.Victoria College Palakkad

Dr. Sheeba K. discussed the various situations in which women became the victims of the patriarchal society and talked about the importance of healthy relationships. She talked about the different gender and sexual roles. The session was highly interactive. Students shared their personal experiences, their fears and anxieties.



3. 17 November 2021

Topic: **Gender Sensitization Workshop**

Resource Person: Dinu Veyil

The one day workshop was conducted at the College Seminar Hall to understand the basic concepts like sex, gender, sexual orientation and gender expression. The resource person talked about the different genders like lesbian, gay, transgender, inter sex, queer and bisexual ution.it.The workshop gave an insight of the laws relating to prevention of Sexual Harassment of woman at home ,work place or any educational institution. The workshop helped the students in examining their personal attitudes and beliefs and questioning the realities of different genders.





4.25 November 2021

Flash Mob

To celebrate the International day for the elimination of violence against women a flash mob was organized by the Women Cell members on 25 November 2021 at the College Campus at 1.30 p.m.



5.20 December 2021

Film Screening and Group Discussion

Topic : **Marriage at 21**

Resource Person: Sri.Dinu Veyil

College Seminar Hall

After screening the film “Sara’s”, a discussion was conducted on the topic “Marriage @21”. The discussion was initiated by Sri.Dinu Veyil, Founder Member, Dhisha and a Research Scholar. 42 students actively participated in the programme. Though most of the students watched the movie at home as the Media room could not accommodate many, they actively participated in the discussion.



6.19 January 2022

Stitching Unit Inauguration 19 January 2022

Independence that can lead to a better quality of life.

A stitching unit was inaugurated in the college with a vision to inspire and encourage girls to show their sewing talent and skill. Sewing is a set of skills that can be mastered with practice and time. The interested students can learn sewing at their own convenience in the college. College P.T.A. has taken initiative and financed this project.



7. Gender Awareness

04 February 2022

Topic: **Gender Equality and Social Justice**

Resource Person: Sheethal Shyam, Transgender Activist

@Google Meet

An online session was conducted on gender equality and social justice. Sheethal Shyam, a transgender activist and social worker talked about the importance of gender equality in the society. She talked about the violence against transgenders and the difficulties they face. Sheethal Shyam discussed about the LGBTQI+ communities in detail. 100 students participated the session. To most of the students it was a new experience to listening a transgender.



8.Academic/Performance Success Program

17 March 2022

Topic: Mould Yourself. Boost Up Your Life!

Resource Person: Sri. Satheesh S. Life Skill Trainer and Teacher

A personality development training programme was organized at the College Seminar hall on March 17,2022. The resource person was Sri.Satheesh S., a Life Skill trainer and Asso.Prof.of Electronics, D.B.College Kezhoor,Thalayolaparambu . 56 students participated in the programme. It is a developmental programme for enhancing the personality of the students. The programme helped the students to improve their communication skills. Apart from the communication skills the trainer focused on time management skills, decision making skills, creative and critical thinking etc. The session was interactive and game oriented.



9. Social Belonging or Social Engagement Program

19 March 2022

Topic: **Healthy Relationships**

Resource Person: Sri. Sathesh S. Asso. Professor of Electronics, Life Skill Trainer

A vibrant session on Healthy Relationships was conducted at the College Seminar Hall on 19 March 2022 to make the students familiarize the different roles of an individual in the society. The resource person was Sri. Sathesh S, a Life Skill trainer who talked about the importance of understanding the basic concepts like gender, sex, sexuality, family, relationship etc. The importance of mutual respect, open communication, trust and love is discussed in the session. It was really a brilliant interactive session. 48 students actively participated in the session.





8 March 2022

International Women’s Day Celebrations 2022

Women Cell of B.J.M.Govt.College Chavara hosted a day’s long events to mark the International Women’s Day. It included the inaugural session, ‘Fempowerment’-An Honour to the Female Achievers of the institution , one seminar on Gender Equality, various cultural activities and the contest –“B.J.M. Woman of Inspiration”.



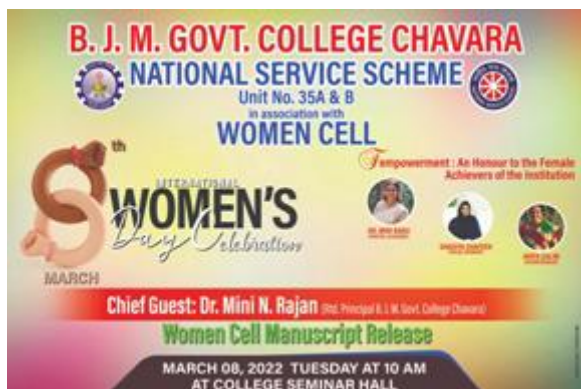
10. Fempowerment: An Honour to the Female Achievers of the Institution

In association with National Service Scheme Unit, B.J.M.Govt.College, Women Cell honoured three great women personalities of the college. The chief guest was Dr.Mini Rajan, former Principal B.J.M.Govt.College Chavara.

Dr. Mini Babu, Teacher and Author is an Asso.Prof.of English B.J.M.Govt.College Chavara, whose poems have featured in anthologies, journals and magazines. Her collections of poems are Kaleidoscope, Shorelinesand Memory Cells.

Smt.Arifa Salim, a female entrepreneur who runs the college canteen.

Ms. Shadiya Shafeek, a social worker who is an active N.S.S. volunteer and got the best University of Kerala N.S.S.Volunteer 2021.



11.Topic: Gender Equality for a Sustainable Tomorrow

Resource Person: Ms.Gouri S.Kumar, Social Worker

A talk was conducted on the basis of the theme of the International Women's Day 2022 **Gender Equality for a Sustainable Tomorrow**. The talk focused on the importance of achieving gender equality in education which means that the boys and girls will have equal opportunities to realize their human rights and needs. It was an interactive session. The participants shared their opinions in the open platform.



12.B.J.M.Woman of Inspiration

A woman of inspiration is a woman who leads by example, lives on purpose and inspires others with courage, confidence and commitment. The students of the college nominated many students, teachers and non teaching staff. The person who got more votes selected as the B.J.M.Woman of inspiration and it was Dr. Asha Asst.Prof.of Chemistry. Dr.Ajithakumari K, the Principal gave the memento to the winner.



13.Cultural Activities

As part of the International Women's day, the women cell members organized many programmes like theme dance, theme song, mime, speech etc. Moot Court on Sexual Assault was highly appreciated by everyone.



14. Manuscript Release on 08 March, 2022 by Dr. Ajithakumari K., Principal B.J.M. Govt. College Chavara.



15. Athletics/ Self Defence/ Other Wellness Training

Self-Defence Training Programme

30 March 2022

Akhila 4B. II B.com, Karate Black Belt and Sruthy II Maths ,Karate Black Belt conducted a self defence training programme for girls. 50 girls actively involved in the programme. Principal Dr. Ajithakumari K. inaugurated the programme..



16. Community Intervention

Women Cell members visited Care Home, Kollam on 30 March 2022 and distributed some sandals to children of the After Care Home. After visiting there, we have the feeling that everyone must visit poor home or orphanages at least once in a lifetime.



Other interventions by Women Cell

Women Cell members(Faculty) provided counseling programs for girls in three critical areas: academic, personal/social, and career.

Classes on stress and anger management for the girls were given by the lady tutors, mentors and teachers.